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## 2nd International Conference on Dermatology and Allergic Diseases, July 13-14, 2020 at Helsinki, Finland

## **Colby C Evans**

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<u>Allergy</u> is a hypersensitive condition in which the immune system will react abnormally to the substances which are foreign and harmful to the body. There are different types of allergies that will be affected due to various environmental conditions. Some individual may experience certain abnormal reactions while undergoing a medication which leads to drug allergies. The immune system in our body reacts dangerously even if the food which we consume is unhygienic. <u>Skin rash</u> resulting from contact with certain substances leads to contact dermatitis. The proteins in animal's skin cells, saliva or urine can also lead to animal allergies.

Many people every year are prone to various allergies. These conditions are due to a lack of knowledge. So, there is a core responsibility to increase awareness about allergies in today's world. By following some preventive measures, we can avoid many of the allergies which will lead to harmful conditions. Some people cannot withstand if there is more dust around them. Such conditions can be avoided if the surroundings are hygienic. Prevention is better than cure so we should avoid the possibility of the disease to reoccur which will finally lead to prevention.

Colby C Evans, from National Psoriasis Foundation, USA has delivered a talk on Group concept mapping in psoriasis treatment in which a detailed explanation about psoriasis and the various ways to treat psoriasis are mentioned.

An allergy is the reaction of our <u>hypersensitive</u> immune gadget towards allergens, which are normal foreign harmless materials. Allergens can input our frame through inhalation, meals, water, liquids, and occasionally, even on touching them. Our immune gadget protects our frame from invading organisms which can cause infections. However, early publicity to allergens is protecting in nature, whilst past due exposure can every so often motive distress and may bring about allergic reaction. Treatment for allergies includes generally evading allergens and the use of antihistamines and steroids. However, in intense allergic reactions, adrenaline/ epinephrine is to be injected. In instances of an acute hypersensitive immune gadget, Allergen immunotherapy is suggested which exposes the immune device to huge quantities of capacity allergens regularly; but this remedy is not used to treat meals allergic reactions. The immune machine reacts to the allergen by way of producing Immunoglobulin E (IgE) antibodies and fixes to mast cells which launch histamine and different chemicals thereby inflicting a hypersensitive reaction.

Respiratory allergies are especially rhinitis and allergies. Rhinitis reasons irritations of the sensory nerves, which affect the nasal passages. Asthma is caused by the irritation of the bronchi, which influences the airlines in the lungs. But in a few instances of allergies, the bronchial partitions got swollen as a result purpose the inflammation of bronchi and thus results in breathless.

With the successful motivation from the past conference we are taking this pleasure to schedule the <u>2nd</u> <u>International Conference on Dermatology and Allergic</u> <u>Diseases</u> on July 13-14, 2020 in Helsinki, Finland. We hope this conference we be a preventive path for many allergic diseases.

## Photo Gallery:







Regards, **Bree Scavo** Program Manager |ALLERGIC DISEASES 2020 Send mail to: jessiealison@memeetings.net 47 Churchfield Road London, W3 6AY, UK Tel: +1-201-380-5561 What' Sapp No.:+447723584386